

BMA Alumni News

Serving Lake Ariel, Philadelphia and Blue Mountain Academies



Pamela's Pantry

MY MOTHER'S DELICIOUS NUT LOAF

- 1 cup nuts, cashews, walnut, etc.
- 1 cup ground seitan with sprouted lentils
- 1 small onion, cooked
- 1 Tbsp. Oil
- 2 eggs or egg replacer – flax works well
- 1 ½ tsp 2-3 tbsp. water
- 3 Tbsp. minced parsley
- 2 tsp food yeast
- 1 tsp celery salt, or finely chopped celery cooked
- ½ tsp Himalayan salt
- ½ tsp paprika
- ½ tsp basil
- 2 cloves garlic
- 1 cup nuts, your choice
- 1 tbsp. Braggs
- 1 cup soymilk

Grind the nuts,
 Add the seitan and blend, then add the other ingredients.
 Mix well, pour into a bread baking pan.
 Bake at 250, place the baking dish in a pan of water, and place foil over the loaf.
 Bake for 40 minutes,
 Check how it looks, remove the foil, and let loaf brown a little.
 Enjoy!

Introducing Pamela Yingst Griffin, a graduate of the class of 1964. Pamela loves to cook and share her cooking skills. Teaching others how to make



delicious vegetarian meals is a joy Pamela and her husband, Darrell, share. Pamela has agreed to share her “missionary work” through her journey of cooking, including recipes. Pamela shares one recipe in particular as it was her Mother’s, and one Pamela often made with her Mother. Pamela calls it “MY MOTHER’S NUT LOAF”. ENJOY!!

(Pamela in her kitchen preparing for a cooking class.)

In Pamela's Words:

“REVISITING THE ELLEN WHITE DIET

“This is in honor of my parents, Kathleen, and Whitey Yingst, brothers Robert, and Bryan, and Sister Heisey, from my childhood Church in Hershey, Pa. My Mother and Daddy taught me so much about cooking, and growing vegetables in the garden. They would cook with me when I was a little girl. I am so thankful to them for teaching me how to cook, and I thanked my Mother, and she said, ‘you’re welcome honey, but you took it further.’

“I learned so much from Sister Heisey and kept that knowledge with me all my life. We have our son Avery, because of her knowledge in health. She said to give up dairy products and eat less wheat. Our son was born on Thanksgiving, and I thanked God for Sister Heisey’s knowledge; and now we

SPLIT PEA BARLEY SOUP

1-pound dried split peas sorted

½ cup Barley

2 quarts water (I use part homemade Veggie broth)

1 Tab fresh 2 bay leaves

1 ½ tab salt

1 tab chopped fresh Thyme

2 teaspoons minced garlic

½ tsp rubbed dried sage

1/3 cup finely diced celery

In a large pot, combine the above ingredients. Bring to a boil over high heat. Reduce the heat to a bare simmer, cover, and cook for 1 hour, stirring occasionally.



Pamela (center) with members of one of her cooking classes.



Groundbreaking ceremony of the new Pennsylvania SDA Conference office.

Pamela's Pantry (continued)

have Benny, our grandson, and Emmie, our first granddaughter, born on Avery's birthday. Our sons are thirteen years apart. Our older son was born on Father's Day, and the Doctor said, "What a wonderful Father's Day gift". We were thankful to God for our Adam and thought he would be our only child. Now we have our grandsons, Max, and Teddy. God works in mysterious ways; and led me to Sister Heisey. I now do a cooking class for our church. After the class, my husband, Darrell said, 'Honey, Sister Heisey came through you.' His words touched my heart.

"I served on the UNICEF Board, and was Chair of the UNICEF Fundraising Evening. When the Board committee would have lunch, they would all be amazed at my colorful food when it arrived at our table. When their meals arrived it was brown meat, and brown potato, and they would all look at my colorful vegetarian dish with envy. I was able to share vegetarian eating with them, and plant seeds about eating this way, being healthier. "God expects us to do for others, and teach them, and sow seeds of kindness, and help them see the benefits of eating as God intended."

"When I was at BMA, my Mother and Daddy would visit every weekend my Freshman year, and bring delicious food for me, and my friends. The girls would watch for them to arrive. They would scream, 'THEY'RE HERE!!!!' One time my Dad carried Mother over the mud, and the girls were sooo touched. My parents shared food with relatives and friends, and now my husband and I carry on that tradition. My husband and I do a cooking class for our church. We call it our ministry."

News You Can Use!

The Pennsylvania Conference building on **BMA's campus** is still under construction. The Conference staff is anticipating relocation to the building will occur in January. The BMA Food Store has moved to a new home in the back portion of the building, and is reopening in December. They had a "soft opening" mid-November. Industry and the sign shop will continue to operate from their locations in the building.

The new Conference office facility will be equipped to powerfully advance God's mission in Pennsylvania. It will also be home to the CORE evangelism training school. The new location will also allow for easier partnership with Blue Mountain Academy as well as Adventist WholeHealth Network, also located on campus.



Jim and his wife, Sarah, upon completion of the Triathlon.

BMA Scholars

BMA's Senior student, Jaime Vega, receives the Orndorff Endowment award.



BMA Professor Flora Rivera and BMA Treasurer, Gabriel Morales-Burgos present the Orndorff award to Jaime.

BMA's Messiah Concert was held Friday, December 10, 2021 at 7:00 p.m. You may watch this wonderful gift in music by accessing BMA's YouTube channel,

<https://www.youtube.com/watch?v=mWryB0ZbRfI&feature=youtu.be>

1.3 October November December 2021

“Race 4 Eternity” Hopefully you have had an opportunity to view Jim’s powerful video regarding the “Race 4 Eternity” campaign. In his desire to “give back” Jim presented the Blue Mountain Academy Administration and the BMA Alumni Association Executive Committee with an exciting fundraising idea benefitting the students of Blue Mountain Academy, and maintaining the Academy’s and the Alumni Association’s motto, ***“They shall be all taught of God” John 6:45***. As Jim raced in the Triathlon September 26, 2021, his thoughts were towards his commitment for the students. Jim completed the swimming and cycling segments in excellent time. However, the last portion – the walk/run – was a challenge. When it was noticed Jim was starting to struggle, Ruben Olm (of BMA’s Administrative team), met with Jim on the sidelines and had prayer with him, encouraging Jim. Jim kept his goal in front of him, his belief each student should have the opportunity to know Christ and have a home in eternity with Christ. Jim is asking you to “race” with him in this continued quest of “Race 4 Eternity.” To date, the campaign has raised \$30,294.12. It is not too late to reach our goal of \$200,000. Prayerfully consider giving back so students like you once were will have the opportunity to have a Christian education. ***Campaign ends December 31, 2021.***

To watch Jim’s powerful video regarding the campaign and his reasons for creating this opportunity, please go to:

<https://youtu.be/IL6QTyMMaz4> OR
<https://www.bma.us/race-for-eternity>

In order to support this wonderful opportunity in giving back and provide a future in Christian education for current and perspective students, please go to:

<https://www.bma.us/race-for-eternity>

If you have a student interested in attending Blue Mountain Academy, please view BMA’s website at: <https://www.bma.us> for registration and enrollment details.



In Memoriam

We have been notified of the recent passing of the following alumni and BMA staff members:

David Holbrook, 12/6/2021 – Class of 1979; Former Dean and Staff Member, Auto Tech Instructor and Head of Maintenance

Bob McAuliffe, 09/06/2021 - Class of 1974

Ken Sanner, 09/16/2021 – Class of 1969

Phil Spencer, 05/22/2021 – Class of 1969

Let us remember their families in prayer with the loss of their loved ones.

The above list may not encompass everyone, as we can only report on those we have been notified of.

Hope for Today

“May our Lord Jesus Christ Himself and God our Father, who loved us and by His grace gave us eternal encouragement and good hope, encourage your hearts and strengthen you in every good deed and word.” II Thessalonians 2:16, 17

Charles David Halbrook, "Dave", 60, of New Ringgold, PA passed away Monday, December 6, 2021 at Geisinger St. Luke's Hospital, Orwigsburg. He was the husband of Denise D. (Holbert) Halbrook. They were married November 28, 1981 and just celebrated their 40th anniversary. He was predeceased by his beloved daughter Stacy L. Halbrook, died May 29, 1999. Born in Baltimore, he was the son of the late Charles E. and Dorothy J. (Fisher) Halbrook. Dave was a lifelong Seventh Day Adventist and was raised in the Hilltop SDA Church, Uniontown, PA. He was a member of the Blue Mountain Academy Class of 1979. Dave was a jack of all trades, and master of all. He was the former Assistant Dean of Men, Head of Maintenance, and Auto Tech Instructor, all at Blue Mountain Academy. He spent years as a general contractor, painter and wallpaper hanger, and most recently a truck driver for Brenntag, Reading, PA. Dave loved his time working at Blue Mountain Academy. He loved being part of the kids' lives, often taking them under his wing. He was known as "Dad" to many. He was a member of Central PA Teamsters, and was a member of the NRA. Surviving in addition to his wife is a daughter, Marci J. (Halbrook) Miller; a son, David E. Halbrook; he also leaves behind two precious grandchildren who would always brighten his day, Samantha and Wyatt. Services were held Monday, December 13, 2021. For online condolences, please visit www.leibenspergerfuneralhomes.com.

Alumni Association Update

WELCOME! to **Amy Ortiz Moretta**, class of 1985, our new 1st Vice President of the BMA Alumni Association Executive Committee. We are grateful for Amy's enthusiasm and look forward to her leadership with the Association. Amy is also a former BMA Girls Dean, the 1985 class agent and an active participant in the "Race 4 Eternity" campaign. We look forward to working with Amy through the BMA Alumni Association Executive Committee. Thank you Amy!

WELCOME! to **Brent Wood**, class of 1977. Brent has accepted the position of co-agent for the class of 1977, working with Kim Collins who has held the position of class agent for the class of 1977 since graduating from BMA. We look forward to working with Brent and Kim, as they plan for their class's 45th Honor Year for the upcoming Alumni Weekend 2022!

Class Agent for 1997 Needed – This is a recent development and the upcoming Alumni Weekend will be an honor year for your class. If you are interested in becoming a class agent for the class of 1997, please contact the BMA Alumni Association at bmaalumniassoc@gmail.com. Other classes in need of an agent are listed in the highlighted area below. Please note some of these classes are also honor year classes. It will be helpful if you are able to assist with this year's Alumni Weekend, and keeping your class updated as to the Alumni Weekend information. Prayerfully consider becoming a class agent.

Are you interested in becoming a class agent?

The following classes are in need of an agent - 1957, 1962, 1973, 1983, 1988, 1990, 1993, 1996, 1997, 2007, 2009, 2015, 2016 and 2017.

Class agents play an integral role in the operations of the BMA Alumni Association. Please contact us at bmaalumniassoc@gmail.com.

We Need Your Help!

If you are in touch with a past faculty member who taught in the various Music departments, please either provide us with their contact information or ask them to get in touch with the Alumni Association at bmaalumniassoc@gmail.com. We are interested in hearing from them as we would like to do something special for the faculty members of the Music Department during Alumni Weekend 2022. Thank you.

Several classes are in need of a class agent. Some of these classes are celebrating their honor year during Alumni Weekend 2022: 1957, 1997, 2007 and 2017. If you are interested in becoming a class agent, please contact the BMA Alumni Assoc. at bmaalumniassoc@gmail.com.

THANK YOU! to those who have sent in their email addresses in order to receive the newsletter via email in our efforts to cut postage costs. We appreciate your willingness to do so. If you are interested in receiving your copy of the newsletter electronically, please provide us with your email address, and the alumni newsletter will be emailed to you directly. You may send your name (if applicable, please also include your maiden name) and email address to: bmaalumniassoc@gmail.com. **Please remember to provide your graduating year.** Thank you.

If you are interested in submitting an article for the Alumni Newsletter, please send it to the association's email address. Thank you.



1.3 October November December 2021

Alumni Weekend 2022

Alumni Weekend 2022 will be here sooner than you think! Much goes into the planning and scheduling of an Alumni Weekend so it can be an enjoyable weekend for each alumnus who returns to BMA's campus. We especially look forward to the upcoming alumni weekend as for the past two years COVID restrictions prevented us from having the type of reunion we would prefer to have – *an in-person reunion!* Having said that, we are also conscious the new variants may also play a part. Therefore, it is important for class members to stay in touch with their class agents for the Alumni Weekend updates. You can also send your email address to bmaalumniassoc@gmail.com to receive updates as they become available OR view the Blue Mountain Academy website www.bma.us and select the sub-title 'Alumni Association'.

Blue Mountain's Administration agreed at last year's annual business meeting they will livestream the weekend's services for alumni unable to attend. **Thank you BMA Administration!**

We have a dynamic speaker scheduled to present the church service. Can you guess who it might be? We will give you some hints... Graduated from BMA's class of **2012**, furthering their education at Oakwood University and Loma Linda, enjoys being a youth advocate, appreciates music and has an infectious smile. This particular guest speaker has so much more to his resume, and spends his life living the motto "if you put everything in God's hands, you'll see God's hands in everything" and will prove to be an interesting speaker. Can you guess who this dynamic speaker might be?

Honor years for **Alumni Weekend 2022** will be 1957, 1962, 1967, 1972, 1977, 1982, 1987, 1992, 1997, 2002, 2007, 2012, and 2017.

Alumni Weekend commences April 22, with a Meet and Greet, followed by Friday evening Vespers, and concludes Sunday, April 24 following the annual business meeting and breakfast.

Holiday Thoughts

As we approach the closing of one year (2021) and move on to the next year (2022), we would like to wish each of you a Safe, Healthy, Happy and Blessed Holiday Season. Let us remember Zachariah's song found in Luke 1: 68 & 77 – 79: "(68)Praise be to the Lord, the God of Israel, because He has come to His people and redeemed them,... (77-79) to give his people the knowledge of salvation through the forgiveness of their sins, because of the tender mercy of our God, by which the rising sun will come to us from heaven to shine on those living in darkness and in the shadow of the death, to guide our feet into the path of peace."(NIV) May each of you live in Peace, the Peace only God can give. Your BMA Alumni Association Executive Committee

Blue Mountain Academy Alumni Association
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Wishing you a Happy Holiday Season!

